

CONCERT STUDY GUIDE

SONGS AVAILABLE ON YOUTUBE + ALL STREAMING PLATFORMS

🎵 ROLY POLY

Summary: This fun adventure song is about the roly-poly bug that curls up into a ball when it feels threatened. It explores the concept of size and perspective, helping children understand how things can look different depending on their viewpoint. For example, a kindergartener's shoe might look regular-sized to them, tiny to an adult, and massive to a tiny bug.

Activities:

- Bug Hunt – Take students on a nature walk to find and observe roly-polies and other small creatures.
- Perspective Drawing – Have students draw objects from different perspectives (e.g., a shoe from a bug's view vs. a child's view).

Crafts:

- Roly-Poly Craft – Create roly-poly bugs using paper, pipe cleaners, and googly eyes.
- Perspective Art – Make a collage showing different perspectives of the same object.

Suggested Reading:

In The Tall, Tall Grass by Denise Fleming
A Stone Sat Still by Brenden Wenzel

🎵 WHERE YOU GOING CATERPILLAR?

Summary: This delightful song takes children on a journey of transformation and discovery. It follows a caterpillar as it changes from a "little chunky leaf eater" into a beautiful butterfly soaring through the sky. It's a wonderful way to teach kids about growth and change.

Activities:

- Lifecycle Chart – Create a chart showing the stages of a caterpillar's transformation into a butterfly.
- Butterfly Garden – Plant a butterfly garden and observe the caterpillars and butterflies.

Crafts:

- Caterpillar to Butterfly Craft – Use paper and markers to create a caterpillar that transforms into a butterfly.
- Butterfly Wings – Make butterfly wings using tissue paper and pipe cleaners.

Suggested Reading:

Waiting for Wings by Lois Ehlert
From Caterpillar to Butterfly by Deborah Heiligman

🎵 FAMILY TREE

Summary: This heartwarming song is about family traditions and the connections we create through the things we make and take care of, like planting a tree. It encourages children to think about their own family stories and the importance of family bonds.

Activities:
- Family Tree Project – Have students create their own family trees.
- Story Sharing – Encourage students to share stories about their families.

Crafts:
- Family Tree Craft – Use construction paper and markers to create a family tree.
- Memory Box – Make a memory box to store family mementos.

Suggested Reading:
The Family Book by Todd Parr
Jayden's Impossible Garden by Mélina Mangal

🎵 ONE BIG FAMILY

Summary: This uplifting unity song celebrates our unique qualities and emphasizes the importance of lifting each other up and working together as one big family. It's perfect for teaching children about diversity, empathy, and teamwork.

Activities:
- Lift Off – Pair students, go back and forth complimenting each other for one minute; see how many compliments can be shared in each pair.
- Team Building Games – Play games that promote teamwork and cooperation.

Craft:
- Unity Quilt – Create a quilt with each student contributing a square that represents themselves.

Suggested Reading:
I Am You: A Book about Ubuntu by Refiloe Moahloli
I Am We: A Book of Community by Susan Verde

🎵 GLITTER OFF THE PAPER

Summary: This resilience-building song reminds children that they are in charge of their own feelings. It highlights the importance of knowing who they are, what is meaningful to them, and letting hurtful things "fall like glitter off the paper." It's a great way to introduce concepts of self-awareness and emotional health.

Activities:
- Feelings Journal – Have students keep a journal of their feelings and how they cope with them.
- Mindfulness Exercises – Practice mindfulness and relaxation techniques.

Crafts:
- Calming Glitter Jars – Make glitter jars to help students calm down, focus and relieve stress.
- Affirmation Cards – Create cards with positive affirmations for students to keep.

Suggested Reading:
I Am Enough by Grace Byers
I Am Peace: A Book of Mindfulness by Susan Verde

🎵 BE YOU YOU YOU

Summary: This empowering song teaches children that they are deserving of love just the way they are. It encourages them to be proud of who they are and not to fear that love will be withheld because of their true selves. It's a wonderful message of self-acceptance and confidence.

Activity:
- Self Portraits – Have students draw self-portraits and share what makes them unique.

Crafts:
- Identity Collage – Create a collage that represents each student's identity.
- Affirmation Bracelets – Make bracelets with positive affirmations.

Suggested Reading:
I Like Myself! by Karen Beaumont
Thelma The Unicorn by Aaron Blabey

🎵 SCOPE IT OUT

Summary: This engaging song sparks curiosity about various scientific and medical instruments that end in -scope, such as telescopes, microscopes, stethoscopes, and kaleidoscopes. It's a fun way to introduce children to these tools and inspire a love of exploration and discovery.

Activity:
- Instrument Exploration – Set up stations with different -scopes (telescope, microscope, etc.) for students to explore.

Crafts:
- DIY Kaleidoscope – Make a kaleidoscope using cardboard tubes and reflective paper.
- Telescope Craft – Create a telescope using paper towel rolls and paint.

Suggested Reading:
Ada Twist, Scientist by Andrea Beaty
The Curious Why by Angela DiTerlizzi

🎵 BE PERSISTENT

Summary: This motivational song encourages children to stick with their goals and not give up when faced with challenges. Whether it's learning to tie their own shoes or building something new, the power of persistence will help them succeed. It's a great way to teach perseverance and determination.

Activities:
- Goal Setting – Help students set and work towards personal goals.
- Challenge Activities – Provide activities that require persistence, like puzzles or building projects.

Crafts:
- Persistence Poster – Create a poster with motivational quotes about persistence.
- Achievement Badges – Make badges for students to earn when they show persistence.

Suggested Reading:
The Most Magnificent Thing by Ashley Spires
Giraffes Can't Dance by Giles Andreae